

WHAT ?	WHERE IN SPACE ?					HOW? DYNAMICS				
ACTION	SHAPE IN SPACE	SPACIAL PROJECTION	SIZE	DIRECTION	LEVEL	TIME	FLOW	IN SPACE	WEIGHT	QUALITY
1.1 Standing straight with an isolated emphasis on the arms moving around the head in different variations	Curved lines building irregular shapes	Inwards, personal space	Small	8	High	Slow, sustained	ongoing	Direct	Light	Gliding
2.1 Standing straight with an isolated emphasis on the arms moving around the hips in different variations and thereby twisting the upper body and moving, bending accordingly with the legs.	Curved lines building irregular shapes	Inwards, personal space	Small	8 2	Middle	Sudden	Free, ongoing	Flexible, wavy	Light	Flick/Floating

1.2 1.1 ----//---- Enlargement of the movement by using the legs in correspondence and thereby turning and bending	Curved lines building irregular shapes	Outwards, personal space	Small	2 6 4 6 4	High	Sudden	Free, ongoing	Flexible, wavy	Light	Flick/Floating
2.2 AS IN 2.1 Increase of following with the rest of the body by turning	Curved lines building irregular shapes	Outwards, personal space	Middle	6 8	Middle	Sudden	Free, ongoing	Flexible, wavy	Light	Flick/Floating
1.3 Elements of 1.2	Curved lines building irregular shapes	Outwards, personal space	High	2	High	Sudden	Free, ongoing	Flexible, wavy	Light	Flick/Floating
2.3 Elements of 2.2	Curved lines building irregular shapes	Outwards, personal space	Middle	4	Middle	Sudden	Free, ongoing	Flexible, wavy	Light	Flick/Floating
Suddenly stopping in the movement	Irregular shapes	Inwards, personal space	Middle	4	Middle	Sudden	Bound	Flexible, wavy	Light	Flick